

## School Health Advisory Council Minutes May 8, 2019

The meeting was called to order at 2:05 by Laura Hughes. The members in attendance were:

Jacqueline Araujo  
Laura Hughes  
Kim Nash

Terrie Roberts  
Vicky Trichel  
Shelby Willis

Laura Hughes showed the APPS PARENTS SHOULD KNOW ABOUT slide that will be available on the school's website. It shows the app icon and gives information about each app. The slide also list what parents should do to ensure their student's safety around technology as well as offering links.

SIS is also hosting a Parents in the Know meeting concerning internet safety on May 9th at 6:30 in the cafeteria. Jeff Swain, the Assistant DA for Parker County, will give a presentation concerning students and internet safety.

Laura Hughes showed a animated video created by Mrs Galle (SMS). The slide show did an excellent job of presenting the adverse effects of vaping.

Kim Nash reported that the USDA has reduced the whole grain requirement from 100% to 50%.

A shot clinic was held at SIS for the shots required for 7th grade. Only 50 students attended so another opportunity for free shots will be a available during registration in August. Students must be up to date on their shots to attend school.

Laura Hughes will be submitting the SHAC yearly report on Monday, May 13th. We all agreed the goals of the committee have been met for the 2018-2019 school year. She thanked everyone for their time and for serving on the committee.

The meeting was adjourned at 2:35.

Minutes submitted by Vicky Trichel