

School Health Advisory Council Minutes
Feb. 14, 2017

The meeting was called to order at 2:05 by Laura Hughes. The members in attendance were:

Laura Hughes
Janet Moss
Terrie Roberts
Shane Strickland

Debbie Stone
Vicky Trichel
Ashley Watson
Shelby Willis

The committee continued working on the Student Welfare Wellness and Health Policy . Laura Hughes reminded everyone that the Policy is a work in progress and may change as the district receives updates to the state and federal guidelines.

Mrs. Hughes discussed the five goals set forth by the committee. The goals included:

The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.

The District shall provide appropriate staff development and encourage teachers to integrate physical activity into the academic curriculum where appropriate.

The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, lifelong physical activity for District employees and students.

The District shall encourage parents to support their children's participation, to be active role models, and to include physical activity in family events.

The District shall encourage students, parents, staff, and community members to use the District's recreational facilities, such as tracks, playgrounds, and the like, that are available outside the school day.

A few action steps and measuring implementation methods were discussed and it was motioned by Shelby Willis that Shane Strickland will make the modifications and present at the next meeting. The motion was seconded by Debbie Stone and passed unanimously.

The meeting was adjourned at 2:35.

Minutes submitted by Vicky Trichel