

## Springtown ISD School Health Advisory Council (SHAC)

### Annual Report for School Board 2016-2017

SHAC Members 2016-2017: Assistant Superintendent, Shane Strickland, Janet Moss, Laura Hughes (Chairman), Terrie Roberts, Ashley Watson, Shelby Willis (Co-Chairman), Vicky Trichel (Secretary), Debbie Stone, Candice Adams, and Jennifer Siegel

Goal 2016-2017: Completion and implementation of the district wellness policy which involved the development of the district wellness plan.

The committee met four times. On November 15, 2016, the local wellness policy was reviewed and recommendations from TASB were presented. Changes were made to the district policy and accepted by the committee. On December 12, 2016, Janet Moss, Child Nutrition, presented the portion of the policy and goals of the wellness plan related to child nutrition. On February 14, 2017, Laura Hughes, RN, presented information on the policy and the goals of the wellness plan related to physical activity and school based activities. At the meeting on April 11, 2017, Assistant Superintendent, Shane Strickland presented the final draft of the wellness plan. The members reviewed the plan to determine if any changes needed to be made. The plan was approved unanimously by members that were present at the meeting. The wellness plan was made available on the district website for parents, students and employees to view.

#### Health Services provided during 2016-2017

- Immunization Clinics
- Flu Shot Clinics
- Health Screenings for staff
- D.O.C.S. organization at SHS
- Summer Feeding Program
- Free Athletic Physicals at SHS
- Staff Wellness Program -Well Connected provided by Edwards Risk Management
- Counseling and Mental Health education programs provided to district students and staff.